



FOR IMMEDIATE RELEASE

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Central States Swim Clinic Returns to Chicago with Star-Studded Lineup of Elite Coaches and Olympic Champions

The 43rd Annual Central States Swim Clinic, hosted by the American Swimming Coaches Association (ASCA), is set to take place April 25-27, 2025, at the Hilton Oak Brook Hills in Oak Brook, Illinois. This premier event will bring together top-level swim coaches, and athletes for a weekend of education, inspiration, and high-performance training insights. For more information and to register, visit www.swimmingcoach.org

The clinic features an impressive lineup of speakers including accomplished coaches and Olympians. Attendees will have the opportunity to learn from and interact with some of the biggest names in the sport, including:

- **Brent Arckey** – Head Coach, Sarasota Sharks; coach of Olympic gold medalist and world record holder Summer McIntosh
- **Russell Mark** – ASCA Performance and Education Advisor
- **Herbie Behm** – Head Coach, Arizona State University; led Leon Marchand to four Olympic gold medals in 2024
- **David Marsh** – Head Olympic Coach, 12-time NCAA Team Champion at Auburn University
- **Jozsef Nagy** – Olympic gold medalist, world record holder
- **Cullen Jones** – Two-time Olympic gold medalist and USA Swimming Foundation Ambassador
- **Breeja Larson** – Olympic gold medalist, NCAA champion
- **Rachel Stratton Mills** – Head Coach, Northwestern University; coached a two-time Olympic medalist
- **Dr. Zachary Hojnacki** – Mental Performance Coach, PhD, former Olympic Trials qualifier

Designed for age-group, senior, high school, college, and masters-level coaches as well as a separate track for 11–16-year-old athletes, the clinic provides an invaluable learning experience. Athletes will have pool sessions at the FMC Aquatics Center. All participants will have access to multiple swimming vendors, socials and one-on-one conversations with the elite coaches and Olympians.

The **deadline for discounted hotel reservations is April 7, 2025**. Click here for more information: www.swimmingcoach.org/page/central2025

To register for the clinic, go to <https://swimmingcoach.org/page/central2025> .

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